

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>March 2018</h1>		<p>Senior Dining</p>  <p>Fellowship, Food &amp; Fun</p>	<p>1</p> <p>Chicken Twice Baked Potato Baked Beans Whole Wheat Bread Applesauce Pudding MO: Tomato Basil Patty</p>	<p>2- <b>Oscar Party</b></p> <p>Salisbury Steak Mashed Potatoes Mixed Vegetables Peaches Wheat Dinner Roll Cherry Pie MO: Veg. Burger</p>
		<p>5</p> <p>Goulash Corn Romaine Salad French Bread Pears Frozen Yogurt MO: Red Beans &amp; Rice</p>	<p>6- <b>Birthday Lunch</b></p> <p>Spaghetti &amp; Meatballs Corn Garlic Bread Fruit Cocktail Birthday Cake <b>Salad:</b> Cobb MO: Soy Crumbles</p>	<p>7</p> <p>Sloppy Joe Mac &amp; Cheese Calico Beans 100% Juice Fruited Applesauce Rice Crispy Bar MO: Soy Burger</p>
<p>12</p> <p>Shepard's Pie Carrots Wheat Roll Mixed Berries Ice Cream MO: Soy crumbles</p>	<p>13</p> <p>Chicken Alfredo Broccoli Soft Bread Stick (WW) Pineapple Jell-O <b>Salad:</b> Chicken Ranch MO: Mac &amp; Cheese</p>	<p>14</p> <p>Tomato Bisque Soup Egg Salad Sandwich Broccoli Salad 100% Juice Cream Torte</p>	<p>15</p> <p>Chicken and Biscuits Green Beans Cantaloupe WW Bread Pumpkin Bars MO: Mac &amp; Cheese</p>	<p>16 <b>St. Patrick's Day</b></p> <p>Corned Beef Cabbage/Carrots &amp; Potato Taffy Apple Salad Rye Bread Grasshopper Dessert MO: Fish</p>
<p>19</p> <p>Roast Chicken Mash Potatoes/gravy Broccoli BP Biscuit Pears Jell-O MO: Veggie lasagna</p>	<p>20 <b>1st Day of Spring</b></p> <p>Cabbage Roll Potato Wedges Mixed Vegetables Wheat Bread Mixed Fruit, Cookie <b>Salad:</b> Chef MO: Red Beans &amp; Rice</p>	<p>21</p> <p>Minestrone Soup Roast Beef Sandwich Lettuce &amp; Tomato slices Pickle Fruited Applesauce Spice Cake w/ topping MO: Cheese sandwich</p>	<p>22</p> <p>Turkey/Gravy Mashed Potatoes Squash Roll Apple Pie MO: Veggie lasagna</p>	<p>23</p> <p>Parmesan Tilapia Cheesy Potatoes Peas Mandarin Oranges Rye Bread Sherbet MO: Tomato Basil Patty</p>
<p>26</p> <p>Lasagna Green Beans French Bread Fruit Medley Bread Pudding MO: Veg Lasagna</p>	<p>27</p> <p>Beef Stew WW BP Biscuit Spinach Salad Banana, Pudding <b>Salad:</b> Taco MO: Mac &amp; Cheese</p>	<p>28</p> <p>Swedish Meatballs Mashed Potatoes WI Blend Vegetables Wheat Bread Blushing Pears MO: Soy Crumbles</p>	<p>29- <b>Prize Lunch</b></p> <p>Pulled Pork Coleslaw Calico Beans Whole Wheat Bun Ambrosia MO: Soy Meatballs</p>	<p>30 <b>Good Friday</b></p> <p>Tuna Casserole Romaine Salad WW Bread Tropical Fruit Brownie MO: Soy crumbles</p>

Meals are offered Monday-Friday, (Home Delivered Meal – Call Center for eligibility). Congregate meals are served at 11:30 a.m. at the Center weekdays except Wednesdays at 10:00 a.m. – 1:00 p.m. at the DeForest Family Restaurant. Reservations and cancellations are needed by 1:00 p.m. the day prior, (One week ahead for special event lunches) by calling the Center @ 846-9469. No RSVP is needed for Wednesdays.

The suggested minimum donation for those age 60 years and older is \$4.00 per meal, please donate what you can afford. Anyone under 60 is required to pay the full cost of the meal, \$9.73 for meals at the center, and \$8.54 for home delivered meals. Transportation is available, call for more information.